



MINORITY
MENTAL HEALTH
AWARENESS MONTH

Chievres FMWR July 2022



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				July Summer Reading Read Beyond the Beaten Path @Library	1	2
3	4 Independence Day	5 Training Holiday TR-Xpress 10AM @Fitness Center	6 Storytime 10:30AM Book Club 1PM @Chievres Library	7 Power Hour 10AM @Fitness Center	8 CYS Fun For Families Ice Cream Social @Outside CAC	9
10	11	12 TR-Xpress 10AM @Fitness Center	13 Storytime 10:30AM Book Club 1PM @Chievres Library W(h)ine Wednesday 6PM @Lodge	14 Power Hour 10AM @Fitness Center	15 CYS Youth Sponsorship Welcome to Benelux Trip	16
17	18	19 TR-Xpress 10AM @Fitness Center	20 Storytime 10:30AM Book Club 1PM @Chievres Library	21 Belgian National Day Power Hour 10AM @Fitness Center Summer Fun & Rock 5PM @CAC & Bene Brew CYS Closed	22	23
24 Functional Fitness 1PM @Fitness Center	25	26 TR-Xpress 10AM @Fitness Center	27 Storytime 10:30AM Book Club 1PM @Chievres Library W(h)ine Wednesday 6PM @Lodge	28 Power Hour 10AM @Fitness Center	29 CYS Fun For Families CYSplash @Outside CAC	30
31						

For more information, visit: chievres.armymwr.com

DATES ARE SUBJECT TO CHANGE

