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**FEBRUARY 2020** 



### **CYS SPRING SPORTS REGISTRATION**

PARENT CENTRAL SERVICES
CYS - SHAPE BLDG 503

Registration for a soccer clinic for kids ages 13-15, spring soccer for ages 3 - 15, and spring baseball for kids ages 3 - 15 begins February 17. Children must be registered with Child and Youth Services and have a valid health assessment. CYS is also looking for volunteer coaches. For more information, visit chievres.armymwr.com.



### LEAP DAY TOGA 5K SATURDAY, FEBRUARY 29 BRUSSELS FITNESS CENTER

Celebrate Leap Year with a fun 5K walk or run. The theme will be Roman in celebration of Julius Caesar, the Father of Leap Year, for introducing the first leap year over 2,000 years ago. Get into the spirit by wearing a toga. Laurel leaf headbands will be passed out to all participants.

Leap Year only comes once every four years so don't miss this opportunity to celebrate in Brussels. Visit brussels.armymwr.com for information.







## **CHIEVRES**

MONDAYS

• BOXING WORKOUT CLASS

FITNESS CENTER

SATURDAYS DURING WINTER

• YOUTH BOWLING

CYS

FRIDAY, FEBRUARY 14

• PARENT'S NIGHT OUT

CYS

FEBRUARY 17 - MARCH 6 ALL DAY

• SPRING SPORTS REGISTRATION CYS

TUESDAYS 5 - 6 PM

• FUNCTIONAL MOBILITY FITNESS FITNESS CENTER

# **BRUSSELS**

### **FEBRUARY FITNESS CHALLENGE**

• DEAD LIFT OR EAT BETTER

SUNDAY, FEBRUARY 2 11 AM - 4 PM

• FAMILY GAMES DAY LIBRARY

TUESDAY, FEBRUARY 4 11 AM - 12 PM

• EAT BETTER, FEEL BETTER FITNESS CENTER

**FEBRUARY 21** 2 - 5 PM

• MAKER SPACE LIBRARY

**SATURDAY, FEBRUARY 29** 

9 AM

• LEAP DAY TOGA 5K

FITNESS CENTER

## **BRUNSSUM**



## **SIGN UP TODAY!**

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### **SERVICES DIRECTORY**

#### **CHIEVRES**

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